



# 2023 *Home Tour*



PLASTIC SURGERY,  
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& WELLNESS CENTER

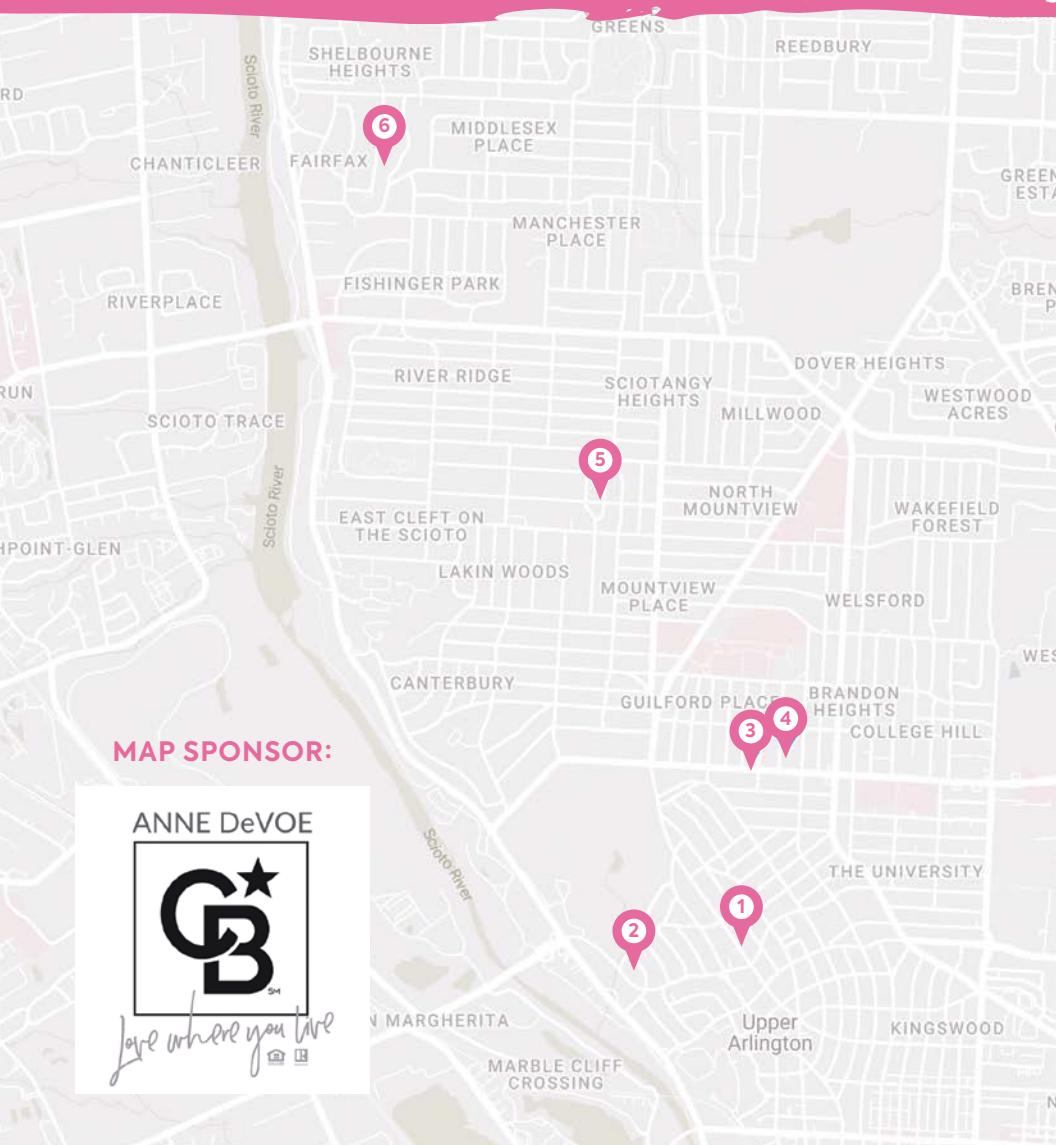


**OhioHealth**  
**Foundation**

Benefiting Riverside Methodist Hospital

# Tour Map

- |                       |                        |
|-----------------------|------------------------|
| 1. 2116 Tremont Road  | 4. 2554 Berwyn Road    |
| 2. 2356 Oxford Road   | 5. 3235 Kenyon Road    |
| 3. 1990 West Lane Ave | 6. 4126 Clairmont Road |



MAP SPONSOR:

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## Guidelines

Out of courtesy to the homeowners who have graciously opened their homes for this special event, we request:

- No photography
- No strollers or backpacks
- No smoking
- Children must remain with parent or adult at all times
- No food or drinks except for that which is provided at the home
- Guests please refrain from touching home contents

## Raffle

Thanks to the gracious sponsorship of K.A. Menendian, tour guests will be automatically entered to win a 3x5 Tufenkian 100% wool, hand-knotted (approx. retail value \$1,500) rug. The rug is on display at 2356 Oxford Road.

Winner will be announced via email after the tour.





# Dear Tour Guests,

As the President of this year's event, I am incredibly honored to be part of such a meaningful initiative as we celebrate 35 years! We hope this tour will showcase a diverse range of kitchen styles and sizes that cater to different tastes and preferences. From timeless to mid-century modern kitchens with minimalist aesthetics to cozy sophisticated spaces, there is something to captivate everyone's imagination. We have curated a unique experience showcasing 11 local restaurants, 6 stunning florists, an opportunity to win a beautiful rug and other business sponsored perks throughout the tour. Join us in celebrating the beauty, innovation and functionality of the heart of the home - the kitchen!

Each one of us has been touched by the impact of cancer in some way. Whether it's a family member, a friend, or even ourselves, the effects of this disease are far-reaching. The Kitchen Kapers Home Tour serves as a way for our community to come together and provide financial support to make care services such as cold capping more affordable. Moreover, the tour helps OhioHealth in their ongoing efforts to provide complementary therapies through their integrative care program.

Having been born and raised in Upper Arlington, I have personally witnessed the profound impact of this tour on numerous families throughout the years. Our community is filled with compassionate individuals who possess big hearts and a genuine desire to make a difference. Without the generosity and kindness of our 6 homeowners, this tour would not have been possible. Their enthusiasm to open their doors and share their beautiful kitchens is truly commendable.

I want to express my gratitude to the dedicated team at the OhioHealth Foundation, whose invaluable support has helped me make many of the changes and improvements this year possible. I would also like to extend my heartfelt appreciation to the members of our organization who have worked tirelessly to put this tour together. Their dedication and creativity have been instrumental in ensuring the success of this event. Additionally, I want to express my deep gratitude to our sponsors and donors - their generous contributions have allowed us to make a significant impact on the lives of those battling cancer.

The 2023 Kitchen Kapers Home Tour is a testament to the power of community and compassion. Through this event, we have the opportunity to come together, support one another, and make a positive difference in the lives of those facing the challenges of cancer. I am incredibly proud to be part of this initiative, and I invite each and every one of you to join us on this remarkable journey.

I hope you have the best time and enjoy!

**Lindsay Miller**  
Kitchen Kapers President



TOUR FEEDBACK  
AND FUTURE HOME  
SUGGESTIONS



# Sponsorships and Donations

Kitchen Kapers would like to thank the following businesses and individuals for supporting our tour this year:



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**CIERRA JOHNSON**

Cierra Johnson is an anchor and reporter with NBC4.

Central Ohio is home for Cierra. She attended Gahanna Lincoln High School, where she was an active member of WGLH, the school's nationally recognized student television program. After graduating from Gahanna, Cierra attended Ohio University where she studied broadcast journalism in the E.W. Scripps School of Journalism.

She joined NBC4 after working at KNTV in San Francisco. While there, she was a morning reporter and anchor for various newscasts. Cierra previously worked at WBNS as the station's first ever multimedia journalist. As the first in the role, Cierra shot and edited video as well as reporting stories on a daily basis. She has also worked as a reporter and anchor at WKBW in Buffalo, New York, and as a participant in the Scripps Apprentice Program at WCPO in Cincinnati.



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## Dear Volunteers and Touring Friends,

**FOR 35 YEARS, THE MEMBERS OF KITCHEN KAPERS HAVE RAISED OVER \$1 MILLION TO SUPPORT CANCER CARE AT OHIOHEALTH RIVERSIDE METHODIST HOSPITAL.**



Kitchen Kapers is a group of dedicated and hardworking volunteers who affect great change in the lives of patients through their fundraising efforts. Proceeds from the annual tour provide philanthropic support to the Supportive Cancer Care Program, a holistic program aimed at treating more than a patient's cancer. This area of medicine draws on the fields of nutrition, stress management, physical fitness, massage therapy, acupuncture and many other non-traditional therapies.

This year, your philanthropic efforts also continued our patients' ability to participate in OhioHealth's Cold Cap Therapy program. Cold Cap Therapy is a cooling system that constricts blood vessels in the scalp, which may allow patients to keep more of their hair during treatment by reducing the amount of chemotherapy medicine reaching hair follicles. Kitchen Kapers' support makes this therapy more affordable for our patients.

Kitchen Kapers, through volunteerism, has seen firsthand the influence of their efforts over three decades and continues to increase their impact. We are grateful to call Kitchen Kapers our partner in the fight against cancer and providing holistic, compassionate care to our patients.

Thank you for supporting this event. Your participation will help us sustain these important endeavors which promise a welcoming and comforting environment for patients, caregivers and their families. If you are interested in further supporting our efforts, please contact Lindsey Dunleavy, Philanthropy Advisor for Cancer Care Service Line, at (614)657.1091 or [Lindsey.Dunleavy@OhioHealth.com](mailto:Lindsey.Dunleavy@OhioHealth.com).

With appreciation and thanks,

Dr. Andrew Grainger  
Medical Director of Cancer Services  
OhioHealth Riverside Methodist Hospital





# Integrative Care at OhioHealth



*At OhioHealth, we believe your well-being is just as important as your clinical care.*

Our integrative care program focuses on healing the whole person, and can help improve your physical, mental and emotional health during and after cancer treatment.

Complementary therapies, such as acupuncture, massage therapy, nutritional planning, wellness, and mind-body therapies and oncology counseling may be combined with your cancer care plan to help:

- + Manage symptoms, such as pain, nausea and fatigue.
- + Improve your quality of life.
- + Enhance the effectiveness of your cancer treatment plan.

## A member of MD Anderson Cancer Network®

OhioHealth is a certified member of MD Anderson Cancer Network® — a program of MD Anderson Cancer Center, a world-renowned leader in cancer care. MD Anderson is one of the nation's original comprehensive cancer centers designated by the National Cancer Institute to help pioneer the guidelines that set the standard of cancer care today.

NEED MORE INFO?

Contact OhioHealth CancerCall at  
(614) 566-4321 or 1(800) 752-9119,  
Monday–Friday, 8 AM to 5 PM



## Integrative Care Services and Locations

### ACUPUNCTURE

Acupuncture is the practice of inserting whisker-like needles into specific points on your body to promote your natural ability to heal. Acupuncture may help to relieve pain, nausea, vomiting, hot flashes, dry mouth, stress and anxiety, fatigue and other side effects of radiation and chemotherapy.

#### Location:

OhioHealth Arthur G. H. Bing, MD,  
Cancer Center  
(614) 566-4488

### ART THERAPY

Through various art mediums and processes, art therapy can provide a creative outlet to encourage relaxation and explore various thoughts and emotions related to coping with a cancer diagnosis. Art therapy is offered in several ways in a medical setting such as during chemotherapy treatments, bedside, or in a group therapy format. Art therapy is a therapeutic process anyone can participate in regardless of artistic abilities.

#### Location:

OhioHealth Arthur G. H. Bing, MD,  
Cancer Center  
(614) 566-2857

### CANCER REHABILITATION

Our rehabilitation therapists will help you maintain and improve your quality of life during and after cancer through education and various cancer-related therapies, including lymphedema therapy.

#### Locations:

OhioHealth Marion General Hospital  
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OhioHealth Mansfield Hospital  
(419) 526-8685

OhioHealth Arthur G. H. Bing, MD,  
Cancer Center

For more locations and about cancer rehabilitation at OhioHealth, call our central scheduling service at (614) 566.1111.

### MASSAGE THERAPY

Our therapists gently massage your muscles, connective tissue, tendons and ligaments to help you relax and recover from fatigue, as well as reduce muscle-related pain, stress, insomnia, anxiety and feelings of isolation. Massage therapy can also increase blood circulation, improve body mechanics and flexibility, and enhance your immune function. Massage can benefit your physical, mental, and emotional well-being at every stage of life.

#### Locations:

OhioHealth Arthur G. H. Bing, MD,  
Cancer Center  
(614) 566-4488

OhioHealth Delaware Medical Campus  
and Dublin Cancer Center  
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### MIND-BODY THERAPIES AND ONCOLOGY COUNSELING

Mind-body therapy uses a variety of techniques, including guided imagery, hypnosis and stress management to help you relax, gain insight and process complex emotions while supporting your body's natural ability to heal. Mind-body therapy can turn on your body's relaxation response, which may lower your blood pressure, release tension in your muscles, and focus your body on repair. These practices can be used prior to surgery, radiation therapy and chemotherapy to reduce stress and help prepare your mind and body for the most successful treatment outcome. Oncology counseling can provide a safe place for you to process complex emotions related to your treatment experience, including changes to your body, job situation and family.

#### Location:

OhioHealth Arthur G. H. Bing, MD,  
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(614) 566-4488

### NUTRITION COUNSELING

Nutrition counseling includes free sessions with a registered dietitian who will create individualized goals for you, whether you are getting ready to begin, currently receiving, or have finished treatment. Together, you will create a plan that nourishes and boosts your energy level so you can better withstand the effects of cancer and its treatment. Nutrition counseling can address anything from treatment side effects such as poor appetite, nausea, diarrhea, dry mouth, constipation, and weight management, to nutrient deficiencies, high cholesterol, high blood pressure, diabetes and gastrointestinal disorders. Nutrition counseling is available in multiple settings such as during chemotherapy, in radiation, in our office, or via phone.

To learn more about nutrition counseling and find a location near you, please contact CancerCall at (614) 566-4321 or 1(800) 752-9119, Monday–Friday, 8 AM to 5 PM





*At OhioHealth, we believe your well-being is just as important as your clinical care.*



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# Hesketh Home

2116 TREMONT ROAD



IT DOESN'T GET MORE CURRENT—AND TIMELESS—THAN KATIE AND PATRICK HESKETH'S TREMONT ROAD HOME. IN FACT, HAVING MOVED IN JULY 2023, UP-TO-DATE MAY BE AN UNDERSTATEMENT FOR THIS BEAUTIFUL, CLASSIC HOME WITH TOUCHES OF MODERN AND ROOM TO GROW.

When the Hesketh family bought their previous house, they thought they had found their forever home. It had old-world charm and was in a perfect location. After years in a space they loved, they began to think about renovations and soon realized their beloved home may not be able to accommodate their growing family. But if they were going to leave the house they loved so much, they knew they wanted their new home to honor the Colonial look of their old home and match the style of the neighborhood. When Mike Edwards Builders and Sisters Maison Interior Design stepped in to help, the Heskeths found their partners to create their new forever home.

Functional and natural with a style all its own, the Hesketh family dreamed up a kitchen that was incredibly useful, full of storage, with an indestructible island countertop and plenty of space

to gather and play. To address the countertop needs, they installed marble around the perimeter, quartz on the island and custom wood in the pantry, to ensure each counter space was as useful as it was beautiful. The arches throughout the house are a nod to the architecture they loved so much in their previous home and the windows in the kitchen were a must have to allow as much natural light as possible and watch the kids play in the backyard.

The walk-in pantry and scullery kitchen with a refrigerator and freezer keep the main kitchen clear for their three kids to eat, craft and cook. Looking forward to the holidays full of pumpkin bread and Christmas cookies, there are many special memories to be made in this new forever home.





## KITCHEN NOTES

**Contractor:** Michael Edwards Building and Design

**Designer:** The Sisters Maison

**Project Supervisor:** Mike Nugent

**Production Supervisor:** Robert Teller

**Hardware:** In Home Concepts

**Countertops:** Marble and quartz, OHM International

**Floors:** White oak 5" hardwood, American Elegance Hardwood Floors

**Appliances:** Sub Zero Fridge; Bertazzoni Heritage oven and range, Ferguson

**Lights:** Visual Comfort

**Paint:** Benjamin Moore, Swiss Coffee



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## More ways to give

The OhioHealth Foundation raises and invests charitable contributions and grants from individuals, corporations and foundations. Dollars raised benefit OhioHealth programs and services in support of our mission to improve the health of those we serve.



## Plan a Community Event

Activate your community and plan a golf outing, race, or pub crawl to make an impact. Host an event or raise funds for OhioHealth programs that are important to you. To learn more, contact Aja Davis at the OhioHealth Foundation.

[Aja.Davis@OhioHealth.com](mailto:Aja.Davis@OhioHealth.com) or (614) 544-4048



## Smarter Giving

By choosing to give through your will or estate plan, you can leave an impactful legacy and provide long-lasting support for OhioHealth Cancer Care. To learn more, contact Mark Mangia at the OhioHealth Foundation.

[Mark.Mangia@OhioHealth.com](mailto:Mark.Mangia@OhioHealth.com)  
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# Competty Home

2356 OXFORD ROAD



## THE KITCHEN IS THE HEART OF EVERY HOME. AND FOR A FAMILY THAT LOVES TO HOST GATHERINGS, A 2022 REMODEL SERVED TO OPEN THEIR SPACE, AND THEIR HEARTS, TO FAMILY AND FRIENDS FOR YEARS TO COME.

In a renovation that took 8 months to complete, with a baby on the way and two toddlers, Amy and Brad Competty wanted a space that flowed freely from the outside to the inside and throughout the home. Along with architect Gary Alexander and contractor NJW Renovations, the family enlarged the kitchen to accommodate an 11ft Honed Danby Marble island from OHM that now serves as their gathering space, baking station and all-important lego studio.

A challenge to the space was that the floors weren't level throughout. They lowered the floors into the kitchen to make them level with the banquette space and the living room. This allowed for a more seamless flow between spaces.

A new family favorite is the scullery kitchen. Originally intended for hosting parties and holidays, this space sees daily use, helping to

keep the kitchen clean while being able to hand wash and leave to dry without making a visible mess.

Classic and clean, this space is truly multi-functional. It has a wet bar with custom leaded glass from Franklin Art Glass, a tufted banquette eating space and a seamless flow into the outdoors. This home is now the perfect stage for the Competty's large parties and all-out themed birthdays, making the kitchen truly the beating heart of their space.





## KITCHEN NOTES

Architect: Gary Alexander

Contractor: NJW Renovations Unlimited

Project Manager: Frank Dondelinger

Cabinets: Custom Wood Products

Countertops: Kitchen - Honed Danby Marble, OHM; Laundry - Matte finish Cambria quartz, Mid West Quartz

Paint: Trim and white walls - Benjamin Moore, White Dove; Den - Farrow & Ball, Downpipe; Powder Room - Farrow & Ball, Brinjal; Mudroom - Farrow & Ball, Green Smoke



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**Congratulations** Kitchen Kapers on 35 years of showcasing beautiful kitchens and, most importantly, improving the lives of those living with cancer.





# Chard Home

1990 WEST LANE AVENUE



**OFTEN RELAXED LIVING AND SOPHISTICATED STYLE ARE AT ODDS. BOTH ARE EXACTLY WHAT KARLEYA AND BRYAN CHARD WERE GOING FOR WHEN THEY RENOVATED THEIR HOME IN 2019 AND AGAIN IN 2023.**

In an always-busy home like the Chard household, an open, flowing floor plan paired with relaxed and welcoming style is essential. Their kitchen has always been a gathering place for family, friends, holidays and special events. They decided to update the space in phases to ensure it was exactly what they needed for every occasion. First, they remodeled to brighten the kitchen and opened it up to the rest of the home, then they underwent an addition to add the walk-in pantry, mudroom and covered porch.

Self designed, Karleya and Bryan used Three Daisy Studio and John Howe to create a kitchen space that was as easy going as they are. The statement piece of the kitchen are the beautiful Laurel Foundry warm brass pendants. Shining down on the

quartz countertop from Modlich Stoneworks, the island is where the family entertains. The under cabinet lights draw your eye to the subway tile backsplash. You can't miss the adjacent walk-in pantry with beautiful soapstone counters and painted cabinets that give the family much-needed storage and an extra space for food prep.

Opening to the new covered patio the kitchen allows the Chards to maximize their outdoor time, even in the unpredictable Ohio weather. An adjacent mudroom with marble checkered flooring means backpacks and muddy shoes find a home of their own. Whether you're being entertained at the spacious island, lounging in the family room or den or soaking it in on the patio, you'll feel right at home in this timeless stunner.





## KITCHEN NOTES

Architect: Three Daisy Studio

Cabinetry: Benchmark Custom Cabinets

Designer: Karleya Chard

Contractor: John Howe

Paint: Den - Providence Blue, Benjamin Moore; Kitchen and Pantry - Creamy, Sherwin Williams; Mudroom - Pewter Green, Sherwin Williams

Countertops: Quartz, Modlich Stonework; Brazilian soapstone in the mudroom and pantry

Appliances: Thermador; Kitchen Aid, Jack's Appliances



# ANONYMOUS FAMILY



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## RESTAURANT SPONSORS



## What is cold cap therapy?

Cold cap therapy aims to prevent or minimize chemotherapy-induced hair loss. It involves the use of a special set of caps, cooled to very cold temperatures and worn on the head before, during and after each chemotherapy treatment.

These cold temperatures constrict the blood vessels in the scalp. This may prevent some chemotherapy drugs from reaching the hair follicles, thus preventing or reducing hair loss.

### Cool facts about cold caps:

- Cold cap therapy has been offered to OhioHealth patients since 2019
- With current systems, dry ice is used to maintain a 32 degree Fahrenheit temperature in the cap



# Nothing compares to what's next



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# Taeuber Home

2554 BERWYN ROAD



## A BUSY FAMILY WITH A NEW PUPPY, THE TAEUBER FAMILY WANTED MORE SPACE TO CONNECT. A REMODEL TO OPEN UP THEIR FIRST FLOOR WAS THE KEY TO BRINGING THE FAMILY TOGETHER.

The kitchen at 2554 Berwyn Road is a classic combination of timeless style and functional beauty. Every element of this stunning space has a purpose. From the beverage fridge hidden in the cabinetry to the wine storage around the fireplace, each intricate detail of the home was perfectly planned.

Remodeled in May 2022, the Taeubers opened up the first floor in a way that brings a flow to the home. Going from the kitchen, where the family cooks dinner and bakes, you move seamlessly into the dining area, which boasts a beautiful fireplace and a stylish bar. Then, once dinner is done, it's into the family room for a movie.

Designed by Megan Cuda at Cedar Grove with architects from Three Daisy Studio, Woodgrain Carpentry was the general contractor who brought the vision to life. The centerpiece of the kitchen is a dolomite countertop that runs

beautifully up the wall behind the range. This feature is a favorite of the family's, giving them a beautiful view whether they're cooking or looking out their bay window into their sprawling back yard.

You can typically find the family in their places at the counter, which allows them to spread out for multi-purpose use as both a dining and a cooking space. And the functional beauty continues throughout the first floor. Elegantly-painted locker cabinets act as a mudroom for backpacks and sit across from the pleasantly grass-colored, textured wallpapered powder room that was also remodeled along with the stunning 5" White Oak Hardwood throughout the first floor.

Spectacularly special in every way, this home is the model of simple elegance and functional beauty.





## KITCHEN NOTES

Architect: Three Daisy Studio

Designer: Megan Cuda, Cedar Grove

Contractor: David Deal,  
Woodgrain Carpentry

Carpentry: Country Mile Woodworking

Paint: Alabaster, Sherwin Williams

Countertops: Dolomite, Mont Surfaces

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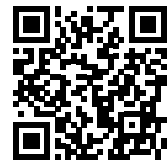


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# Sabo-Crawford Home

3235 KENYON ROAD



**WALKING INTO THE HOME AT 3235 KENYON RD, YOU ARE IMMEDIATELY STRUCK BY THE STYLE. AN INCREDIBLE ARCH OPENS INTO A KITCHEN WITH A STUNNING ACCENT WALL FEATURING PIP & LO NAVY CLEMENTINES WALLPAPER. AND THE STYLE JUST KEEPS GOING.**

An extremely warm and inviting family, the Sabo-Crawfords are the type of family who welcome everyone. Their doors are always open to neighbors, friends and family who they graciously host and entertain. After years of hosting, and with a growing family, they realized their home wasn't as conducive to the welcoming environment they were looking for. Along with architect Brenda Parker and the team at Dave Fox, the Sabo-Crawford family renovated their home in 2022 to add space for family, friends, and neighbors to gather and enjoy. A new dining room area was created by removing walls originally separating the space into dining room and kitchen, a design that cramped their family and entertaining style. The new layout was inspired by a desire to create a fluid, make-yourself-at-home atmosphere inside and out.

The passthrough window is a favorite feature for the Sabo-Crawford family. It gives the house a free flowing feel between indoors and out, providing the perfect canvas for everything from informal gatherings of neighbors and friends

all the way to events and parties with more than 80 people. The breeze flowing through the house on cool mornings and evenings—and even into the winter thanks to outdoor heaters—allows the family to enjoy fresh air year round.

Doing their best to create a sustainable renovation, as many materials as possible were sold and repurposed. The family completed much of the tear down themselves with the help of friends and the promise of dinner and future entertaining. The old kitchen cabinets were salvaged and installed in a renovated house in Canal Winchester and the appliances went to another home renovation as did their old windows and extra doors. The old wooden floors were donated to a professor that studies bees and were used at a large community event to build beehives across the state.

Now, with a home that matches their generous, personable nature, the Sabo-Crawford family is looking forward to a future of friends, family and fun in their new space.





## KITCHEN NOTES

Architect: Brenda Parker, Dave Fox

Contractor: Dave Fox, Amber Bolin designer

Hardware: Top Knobs, Etsy

Countertops: Quartz, Konkus

Backsplash: Clé Zellige, Weathered White

Wallpaper: Pip & Lo Navy,  
Clementines Wallpaper

Paint: Cloud White, Benjamin Moore

Floor: Shaw engineered hardwood

Appliances: Subzero Fridge; Thermador  
Oven/Range; Fisher&Paykel dishwasher;  
Sharp microwave; Vent-a-Hood, Ferguson



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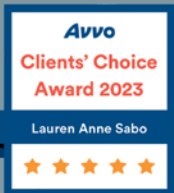
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# Oser Home

4126 CLAIMONT ROAD



## A HIDDEN MID-CENTURY GEM NESTLED IN THE HEART OF NORTH ARLINGTON, THE OSER FAMILY HOME IS A HOMAGE TO THE ORIGINAL PROPERTY WITH AN UPDATED, OPEN FEEL.

Purchased in 2020, the Oser family spent two years renovating their home with Paul and Jo Studio. Originally designed by architect Gordon McGaw in 1962, a newspaper article from this era describes how architect McGaw originally envisioned the home as a meeting and growing space for his family and friends. There was so much thought and engineering poured into the design and construction of the home. An incredible stone fireplace serves as the anchor for the stunning vaulted mahogany walls and ceilings, and the floor-to-ceiling windows that open to a covered outdoor living area, staying true to the natural elements that are so integral to mid-century design.

Walking into the stunning, sprawling kitchen, a skylight shines on the large, quartzite island nestled in with cabinets that blend seamlessly into the walls and ceilings. Open to the dining area and adorned by beautiful built-in bookshelves,

the kitchen is the most unique combination of comfortable and unbelievably stylish. Everything from the furniture to the art fit the design aesthetic, making this home a mid-century spectacular with modern amenities.

A statue by Cody Hudson sits in the courtyard, welcoming guests and giving them a hint of the beauty that awaits inside. Family, friends and loved ones are treated to a study in style while enjoying the cozy ambiance of a family who loves to entertain.





## KITCHEN NOTES

Architect: Original, Gordon McCaw

Contractor: Paul + Jo Studio

Cabinets: Nick Bukky

Walls: Mahogany wood; Benjamin Moore, Simply White

Countertop: Quartzite, Konkus

Floors: Heated porcelain tile, Floor & Decor

Appliances: Thermador, Jack's Appliances

Lighting: Katy Skelton

Art: Cody Hudson statue in the courtyard;  
Derek Erdman painting in hallway



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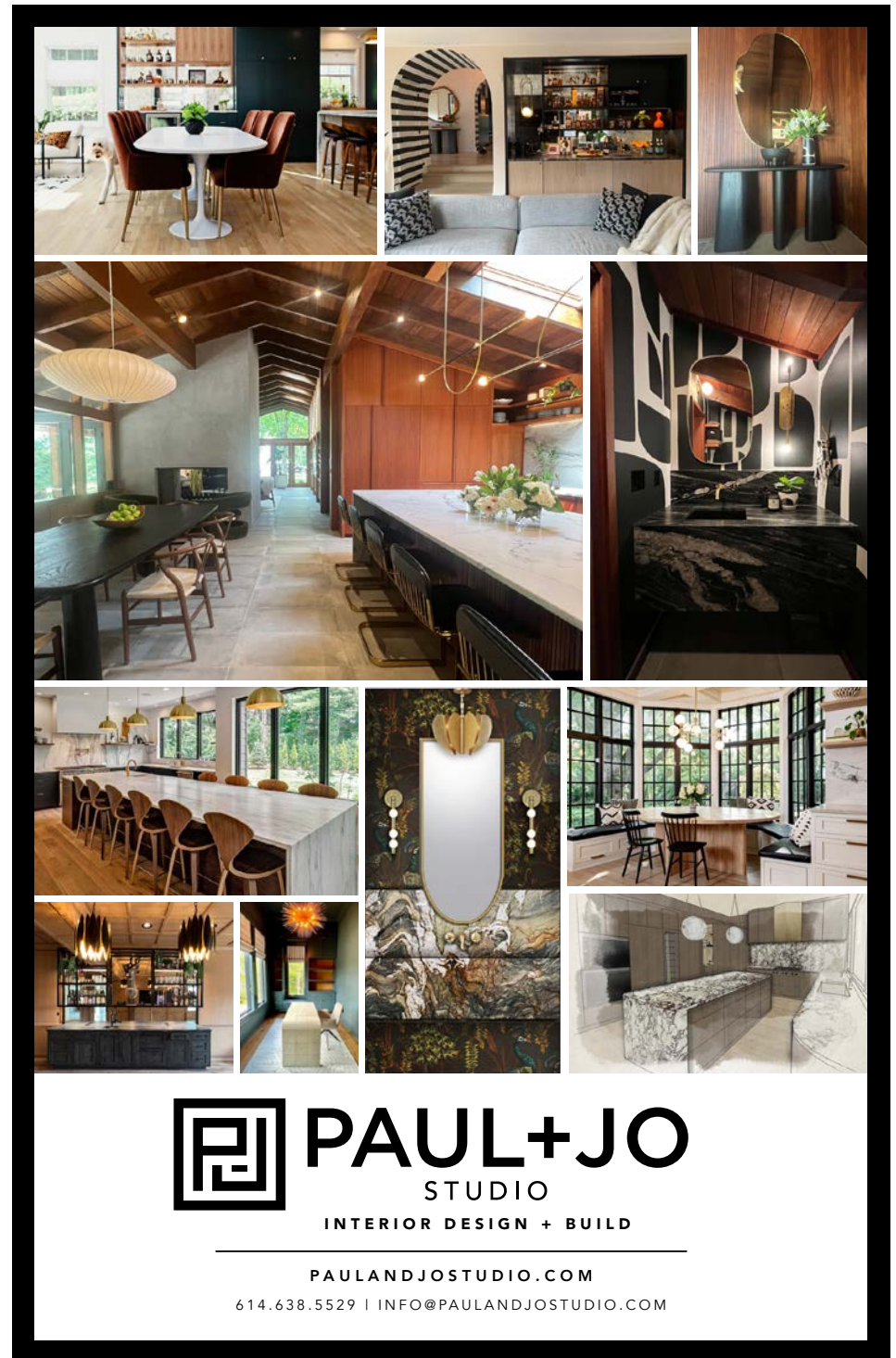
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